

# Healthy male volunteers wanted

Are you a male in the age ranges of 18-25 years, 40-50 years or 65-75 years old and in good health?

The Riddet Institute at Massey University invites you to take part in a study investigating faecal microbial composition

If you decide to take part, you will first need to answer some simple questions to make sure you fit the selection criteria. If accepted, we would provide you with food for 10 days (that fulfills all nutritional requirements) and you would give us two stool (poo) samples.

We are interested in talking to men in good general health who:

- Are in the age ranges of 18-25 years, 40-50 years or 65-75 years old
- Have no history of gastrointestinal surgery or disorders
- Have no established health problems including inflammatory bowel disease, endocrine disorders
- Have not consumed antibiotics three months before the study and/or during the study
- Do not consume more than two units of alcohol per day
- Do not smoke or vape
- Do not have intolerances to foods (e.g., dairy, gluten)
- Are not on a controlled diet or dietary weight loss regimen

Participants will be compensated for their time.

If you would like to find out more about this study, please contact:

Dr Suzanne Hodgkinson

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*This project has been reviewed and approved by the Massey University Human Ethics Ohu Matatika 1, Application OMI 25/70. If you have any concerns about the conduct of this research, please contact the Chairperson, Massey University Human Ethics Ohu Matatika 1, email [humanethics1@massey.ac.nz](mailto:humanethics1@massey.ac.nz).*